

UPSARGAHAR STOTRA

Upsargahar Stotra, composed by Acharya Bhadrabahu, is believed to eliminate obstacles, hardships, and miseries, if chanted with complete faith. This is the prayer to the 23rd Tirthankar Lord Parshwanath. This Stotra should be chanted while sitting in Padmasan facing either east or north direction. One can recite it everyday.

**Uvasaggaharam Paasam Paasam Vandaami Kamma Ghana Mukkam,
Vishahar Vishaninnaasam Mangal Kallaana Aavaasam.**

I bow to Lord Parshvanath, who is the remover of all afflictions, free from all sorts of Karmas, the destroyer of the poison of snakes, and the abode of bliss and well-being.

**Vishahar Phuling Mantam Kanthe Dhaarrei Jo Saya Manuo,
Tassa Gaha Rog Maari Duttha Jaraa Janti Uvasaamam.**

If one regularly chants the mantra of Vishahar Phuling, unfavorable planets, disease, plague, and severe fevers will be calmed down.

**Chitthau Dure Manto Tujjha Panaamo Vi Bahufalo Hoi,
Naratiriyesu Vi Jiva Paavanti Na Dukkha Dohaggam.**

Aside from mantra, even bowing down to you is highly fruitful. All beings who just bow down to you do not get unhappy or have misfortune either in human or animal destinies or the like.

**Tuha Sammatte Laddhe Chintamani Kappa - Paaya - Vabbahiye,
Paavanti Avigghenam Jiva Ayaraamaram Thaanam.**

If one gains the Samyaktva (rationalism) presented by you, which is superior even to Chintaamani and Kalpapaada, one can gain the ageless and immortal state without any obstacles.

**Eha Santhuo Mahayas Bhattibbhar Nibbharen hiyaena,
Ta Dev Dijja Bohim Bhave Bhave Paas Jinachanda.**

Great glorious Lord! I have adored you in this way with a devoted heart; therefore, Lord Parshvanath, kindly bless me with true knowledge in every life.